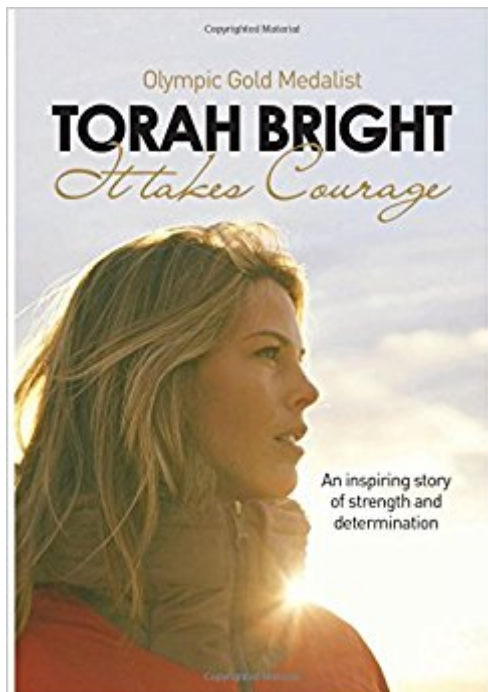


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# Torah Bright: It Takes Courage



## Synopsis

This is Torah Bright's heartfelt account of growing up in a close knit Mormon family and follows the highs and lows of Torah's professional snowboarding career during which she became the first Australian Snowboarder to achieve a Gold medal in the Winter Olympics. She talks about: A serious head injury which threatened to end Torah's snowboarding career. Torah's relationship with her brother and coach, Ben, and why he walked out on her. Torah's short marriage to American pro snowboarder Jake Welch and why she nearly gave up her career as a result. Losing her friend, Canadian freestyle skier Sarah Burke, in an accident during a training session causing Torah to spiral into depression and do some serious soul searching. The controversy she caused at the recent Winter Olympics where Torah and Ben were openly critical of the event courses, raising safety concerns and making headlines back in Australia. Dealing with the International Olympic Committees ban on her displaying the sticker to commemorate Sarah Burke on her snowboard or helmet when competing at the Sochi Olympics. (Torah Bright)

## Book Information

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## Customer Reviews

Torah was born and raised in Cooma at the base of the Snowy Mountains, Torah, now living in the USA was on skis at the age of two, snowboarding at 11, and had turned professional by the time she was 14. She accomplished her dream in 2014, by achieving the Gold Medal at the

Winter Olympics in Sochi.

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